

Elevate Women, Empower Teams

Supporting Maternity Transitions in the Workplace

Boost Retention by 3x

Employees are 3x more likely to stay when they have a psychologically healthy work environment

... with Workplace & Wellness Support

84% of working mothers agree that more pregnancy, postpartum, and return-to-work support would make them more likely to stay



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I now feel more confident and less overwhelmed about the breastfeeding journey ahead

-Alba, first time mom

OUR MISSION

To support, inform and empower women

We're a team of 10 postpartum and wellness professionals, supporting employees directly and helping organizations create truly supportive work environments

Equip Managers with Tools to Lead with Confidence, Empathy, and Clarity



Tailor-made workshops for managers to improve soft-skills & communication



1:1 coaching sessions for individual growth and personal development



Templates and tools to improve parental leave transitions

Give Mothers the Support they Need to Come Back Confident and Engaged



Expert-taught postpartum recovery & movement courses



1:1 sessions with our holistic wellness team



Continued learning & community for new parents

Transform parental leave into a retention strategy while improving your workplace culture

www.andyoueducation.com



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